



Share current conditions in a safe and positive environment when they are ready Provide time-out for participants to work out what they want from life.



Socially equip participants to commence a balanced mentoring relationship within the workplace.



Improve sense of belongingness.



Increase capacity to move forward in areas where staff may be 'stuck.'



Provide room to reflect on individual potential.



Hear how others are challenged in similar ways.



Share their current situations in a safe and positive environment when they are ready to.



Improve confidence and self-esteem.



Enhances a workplace culture around help-seeking and confidence in finding support.



A workplace that provides training to staff in relationships and managing complex and personal conversations.

WORKLIFE MENTOR

